

LEG MEASUREMENTS - 5A



**Therapist
Support
Laboratory**

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THIGH END

| Left | Centimetres | Right |
|------|-------------|-------|
| | 80 | |
| | 76 | |
| | 72 | |
| | 68 | |
| | 64 | |
| | 60 | |
| | 56 | |
| | 52 | |
| | 48 | |
| | 44 | |
| | 40 | |
| | 36 | |
| | 32 | |
| | 28 | |
| | 24 | |
| | 20 | |
| | 16 | |
| | 12 | |
| | 8 | |
| | 4 | |
| | HEEL | |
| | -4 | |
| | -8 | |
| | -12 | |
| | -16 | |
| Left | Centimetres | Right |

FOOT END

Class 1 (20-30 mmHg)

Class 2 (30-40 mmHg)

Patient Name _____

OT/Physio name _____

Diagnosis _____

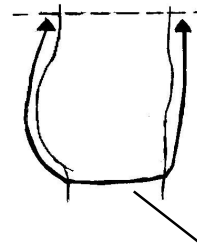
Date _____ **M** **F** **Age** _____

Girth measurement for waist height garments—Hold the measuring tape at front of waist and bring it between the legs and stop at centre back.

Girth = ___ cm

Top of Garment

Posterior aspect

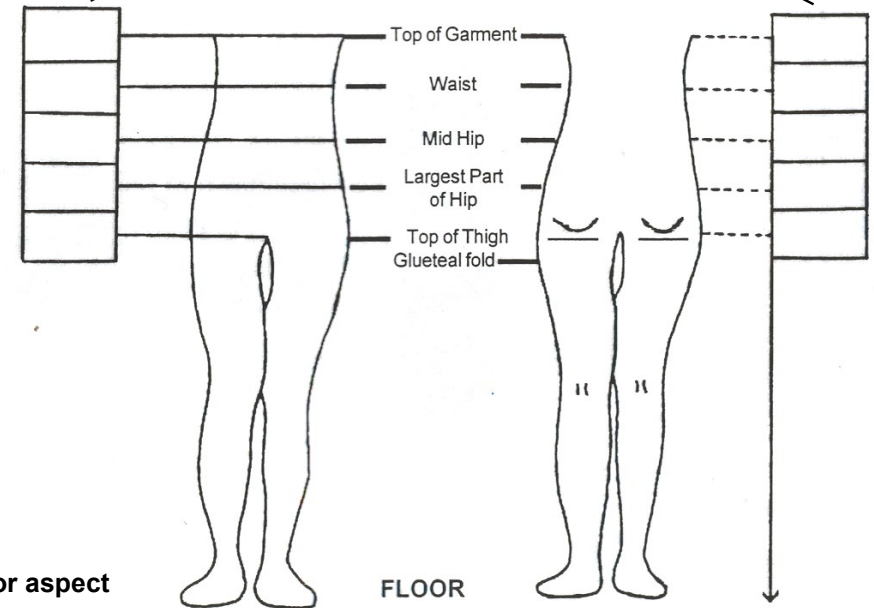


Anterior aspect

Measuring Tape

CIRCUMFERENCES

LENGTHS



FLOOR

All lengths are taken from the floor up