

LEG MEASURING INSTRUCTIONS

Forms required:

Leg measurement form - 5A
Hand/Foot Outline form
Lower Extremity measurement form - 5B

Place all measurements in the boxes provided on Leg Measurements forms.

The measurer requires two dressmaking measuring tapes and adhesive tape. One tape must be marked every 4 cms (available from TSL).

The patient must be in a lying/sitting position extending the foot outwards as shown in photos.



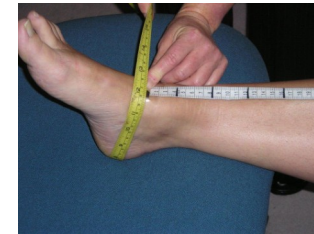
Place the beginning of one measuring tape along the dorsum of the foot starting at the ankle, as shown at left.

Place the marked tape along the anterior aspect of the leg securing it in place with adhesive tape as shown at right.



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Measure foot circumference distally at - 8cm, from the beginning of measuring tape, as shown at right.



Measure every four centimetres until you reach the desired length, as shown at left and below.



For below knee stockings measure as far as the knee crease.

For thigh length measure to desired length.

For waist high or thigh length with waist attachment, measure up into the groin as far as you can.

If measurements appear inaccurate contact TSL

TSL have trained Clinical Advisers available from 8am – 5pm Mon—Fri to help with these instructions.