



**Therapist  
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# **TSL Workshop**

## **Lymphoedema**

### **WKSLY2 Duration 4 hours**

TSL is an Australian owned and managed business that adds value to Allied Health Professionals through its education and training workshops. These workshops are held at our premises and are a very successful way for us to share our knowledge with your staff resulting in a better understanding of the measuring, fitting and manufacturing processes.

WKS2 is the 2nd in the Lymphoedema series for Physiotherapists, Occupational Therapists, Allied Health Assistants and nurses who work in the Lymphoedema field.

The objective of this workshop is to emulate “a day in the life” of a therapist in clinic measuring for TSL garments, receiving them and fitting them.

This session reviews measuring and fitting techniques.

The outline for the day is as follows:

#### Upper Extremities

- How to measure the hand and arm (including those handy hints)
- Attendees will measure each other and a garment will be made up immediately
- Fitting gloves and armsleeves
- Important factors to consider
- Fitting the garments just made up
- How to relate information to TSL regarding changes if any to be made to the garment
- Garment Aftercare

#### Lower Extremities

- How to measure the foot, toes, legs and for waistheight garments (including those handy hints)
- Attendees will measure each other and a garment will be made up immediately
- Fitting knee highs and waistheights
- Important factors to consider
- Fitting the garments just made up
- How to relate information to TSL regarding changes if any to be made to the garment
- Garment Aftercare